

Peace of mind checklist

Basic Information:

- Name and address
- Telephone number
- Social Security Number
- Driver's License
- Car Model and License plate number
- Allergies, Blood Type
- Medications

Emergency Contact Information:

- Family members
- Friends
- Neighbors
- Services: gardener, plumber, electrician
- Services: home care, senior services
- Physicians
- Clergy

Crucial Contact Information:

- Trustees
- Designated person on Advance Healthcare Directive
- Designated person on Durable Power of Attorney for Finances
- Power of Attorney or second signature on bank accounts
- Attorney
- CPA
- Financial Advisor

Documents:

- Will
- Advance Healthcare Directive
- POLST (DNR) if applicable
- Durable Power of Attorney for Finances
- Medical and Medications History
- Insurance: Life, Car, Homeowners
- Insurance: Medical, Long Term Care
- Financial Records
- Burial plans

Passwords:

- Voicemail access number and code
- Login: computer, email, online banking

Spare Keys:

- House, garage, mailbox,
- Safe, safe deposit box, storage lockers

- Do not forget:** Dependents, people who rely on you and pets!